

MULTIRACIAL RESOURCES

- American Association for Marriage and Family Therapy: Multiracial Families:
- https://www.aamft.org/Consumer_Updates/Multiracial_Families.aspx
- APA Bill of Rights For People Of Mixed Heritage: <https://www.apa.org/pubs/videos/4310742-rights.pdf>
- For Multiracial People Toolkit: <https://thetoolkit.wixsite.com/toolkit/for-multiracial-people-families>
- Mandala Center for Change: Multi-Heritage and Mixed Race Resources:
- <https://www.mandalaforchange.com/resources/articles/multi-heritage-mixed-race-resources/>
- Mixed in America: <https://www.mixedinamerica.org/>
- Mixed Identity Workbook: <https://www.mixedinamerica.org/free-workbook/>
- Mixed Life Media: <https://www.mixedlife.net/>
- NPR Code Switch Team: <https://www.npr.org/sections/codeswitch/>
- Racial Imposter Syndrome- Here are your stories:
<https://www.npr.org/sections/codeswitch/2018/01/17/578386796/racial-impostor-syndromehere-are-your-stories>
- Resources That Explore Identity for Multicultural or Mixed-Race Families:
<https://socialworklicensemap.com/blog/resources-explore-multicultural-identity-mixed-racefamilies/>
- The Wholeness of Being a Mixed Race Person:
<https://www.inclusivetherapists.com/blog/thewholeness-of-being-a-mixed-race-person>
- Toward Racial Justice- Multiracial Family Dynamics:
https://www.youtube.com/watch?v=z9K_tyymNp0
- Why Imposter Syndrome Goes Deep for Multiracial People:
<https://mhanational.org/blog/whyimposter-syndrome-goes-deep-multiracial-people>

Reference: <https://mhanational.org/>